

MANNA PARK

Location:

Bournda, NSW

(450km South of Sydney)

Trails & Tracks:



Difficulty Levels:



Facilities & Services:



Trail Fees:

\$5 per bike (incl Mandeni)

Web:

www.mannapark.com.au/mtb.html

Maps:

Manna Park

www.mannapark.com.au/mpbikemap.jpg

Mandeni

www.mandeni.com.au/Mandenice/nre/mandeni%20map.htm

Clubs:

Wilderness Coast and Snowy Mountains Bike Club

www.wildernesscoastbikeclub.webs.com

Bermagui Dirt Surfers

<http://bermagui-dirtsurfers.org>

Local Bike Shops:

Tathra Beach & Bike

31 Andy Poole Drive, Tathra
www.thredbomountainbiketours.com.au/tathra-beach-adventure.html

Review:

Manna Park: The freshest and more challenging trail, was completed just before Christmas 2008. The loop cranks and has everything from tight turns in thick scrub to rock gardens, bridges and gully berms. The trail starts on the right just inside the Manna park gate with a couple of hundred metres of reasonably tight stuff before briefly dropping down alongside a large community vegie patch.

It then disappears into dense native forest and follows a creek line for about 1.5km before popping out behind The Manna Park hostel (a great place to stay). The section alongside the creek is an absolute blast. It starts off slowly straightens out a bit to allow for some fun coaster sections in and out of gullies and over bridges. After that it's another kilometre or so before an easy but sustained climb commences towards 'Hammock Hilton'.

There are no overly exciting details worth mentioning about the climb except for a couple of tech A-line short cuts. If your stuffed at the top you can have a rest in one of the hammocks at the Hilton. There's also water available here and his and hers toilet with singletrack views. After a little sleep you commence the fun descent.

The main line (yes, a more technical A-line is under construction) first descends via a series of fast wide turns through a gully. The last turn in on a large rock slab before a technical little rock ledge step up and following rock garden. You then contour the hill to the next more technical descending section, a narrow long rock finger that takes you into the next gully section.

After a drop of a couple of logs, a wicked bermed section through a narrow gully will have you beaming while finishing the descent back into the creek line and it's jungle. Following the last bridge crossing (no. 4) a sharp switch back and climb out of the creek will test your skills, but this is only short. The last kilometre or so is via a grassy fire road, and it can be as fast as you want it to be.

Source: **Australian Mountain Bike Magazine – September 2009**

